# **How Can You Begin?**

# A "HEALING MINISTRY ACTIVITIES PLAN"

#### This includes:

#### 1. SERVICES

- Health Promotion Programmes (Fitness, Nutrition, Stress Management, Family Life etc)
- Ministries of Divine Healing
- Lay Counselling
- Small Support Groups
- Community Organisation Outreach for lasting change
- A Healing Centre with: Medical, Counselling, Prayer, and Social Work Services)
- Health Fairs
- Screening
- ❖ HIV/AIDS Prevention and Stigma Reduction
- Mental Health Rehabilitation
- ❖ Violence Prevention and Victim Rehabilitation
- \* Environmental Protection etc

#### 2. ADVISORY ASSISTANCE

- Consultation about
  - How to set up and enrich one's Whole Persons Healing Ministry
  - Needs Assessment and Evaluations

# 3. LEADERSHIP TRAINING

- Workshops for leaders of whole person healing and outreach ministries
- A comprehensive training handbook on "The Healing Congregation"
- Use 'Resource Guides' to service related books, audiovisual material, websites and organizations

## 4. LAY WORKER TRAINING

- in health promotion
- in basic healthcare
- in counselling
- prayer ministry and community work

#### 5. HEALTH PROMOTION KITS

Practical and easy to understand:

- Brochures
- Workbooks
- A Guide book on mutual support designed for use in groups
- Videotapes or DVD'S

#### 6. AN EDUCATION SPEAKERS PANEL

• For your congregation, audiences and other special groups

# **Literature Resources**

#### 1. Theology & Philosophy

- The Healing Church\*. Abigail Evans. United Church Press:

  Ohio (History, issues, models)
- ii. Caring for the Whole Person\*\*. E. Anthony Allen. Whole Person Resource Centre: Kingston (Spelling out the philosophy)

## 2. Starting a Healing Ministry

- i. Whole Person Healing\*\*. E. Anthony Allen. Whole Person Resource Centre (an introductory booklet)
- ii. The Healing Congregation \*\*. E Anthony Allen (A manual for action)
- iii. Community Outreach: Empowering the poor \*. Robert C. Linthicum. MARC: CA
- iv. Human Care Ministries Planning Manual.

  http://old.humancare.lcms.org/DC/manual/ml.html

#### 3. Health Promotion

- Seeking Your Healthy Balance\*. Donald A. Tubesing and Nancy Loving Tubesing. Whole Person Associates: Michigan- (On healthy lifestyles)
- ii. Simple Steps to Wellness\*\*. E. Anthony Allen. Whole Person Resource Centre: Kingston - (A self-help workbook)

# 4. Divine Healing

- i. Christian Healing\*. Mark A. Pearson. Chosen Books: Michigan
- \* Order through www.Amazon.com
- \*\* Available at 8 Durham Avenue or purchase online:

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