

HEALTH FOR THE PEOPLE BY THE PEOPLE THROUGH A HEALING CONGREGATION

A Jamaican Example

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ISSUES IN PURSUING HEALTH AND PEACE FOR THE PEOPLE BY THE PEOPLE

- ❑ 1. Our Worldview or Paradigm Behind our Mission
- ❑ 2. Our Theological Understanding of Health and Salvation
- ❑ 3. Our Vision of Ministry
- ❑ 4. Our Models of Service

1. Worldview or Paradigm
Behind our
Mission



OUR “PARADIGM” OR VIEW
ABOUT THE WORLD AND LIFE

- affects our



THEOLOGICAL
UNDERSTANDING

- This affects our



VISION and MODELS of action

IN OUR CHURCH MINISTRY

IN PURSUING HEALTH FOR THE PEOPLE
BY THE PEOPLE
WE NEED CLARITY ABOUT OUR CHOICE OF
PARADIGM FOR OUR MISSION

WHETHER

WESTERN DUALISM

BIBLICAL WHOLISM
(the Whole Person Paradigm)

WESTERN DUALISM

involves an “Either / Or”
compartmentalization of:

1. MIND & BODY
2. SPIRIT & MATTER
3. INDIVIDUAL & COMMUNITY

WHOLISM

➤ involves a “Both / And”

Integration of the whole person in environment



20th & 21st CENTURY SHIFTS TO WHOLISM

- Growing “*Holistic Healing*” practices
- More denominations and medical schools acknowledge *faith and health link*.
- Yet a true Whole Person approach fully integrating :
 - Christian spirituality and healthcare
 - Individual and community wellbeing is still *more the exception*

PROBLEMS OF TRADITIONAL WESTERN COMPARTMENTALIZATION

Physical healthcare 
a concern for *Physicians only*



Mental healthcare 
a concern for *psychologist only*

SPIRITUAL WELFARE
IS SEPARATE

THE BUSINESS OF THE CHURCH
ONLY

Thus HEALTH

and
are

SALVATION

 UNRELATED 

PROBLEMS OF TRADITIONAL WESTERN COMPARTMENTALIZATION

HEALTH = PHYSICAL PERFECTION (Materialism)

Hospitals are too often “factories”?

SALVATION = COMFORT of “SOUL” OR “SPIRIT”
+ MORALITY

Churches too often “theatres”?

The rest of the person is ignored by either

THE RESULTING CRISIS:

A “PATCHWORK APPROACH” IN HEALTH AND SPIRITUAL CARE :

- *Marginalized poor:*
 - disenfranchised from wellness
 - highest burden of diseases, violent injuries, deaths

THE RESULTING CRISIS: A “PATCHWORK APPROACH” IN HEALTH AND SPIRITUAL CARE:

- *Global lifestyle diseases epidemic*
- *Common depression from isolation and loss of meaning*
- *Commercialisation and spiritual neglect in healthcare*
- *Creation destruction*

PURSuing HEALTH FOR THE PEOPLE BY THE PEOPLE

2. OUR THEOLOGICAL UNDERSTANDING

of Health and Salvation

based on BIBLICAL WHOLISM

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BIBLICAL WHOLISM

(OR WHOLE PERSON WORLD VIEW)

based on a rediscovery of Biblical teachings. e.g:

“Preach the Kingdom” “Heal the sick” (Luke 2:9)

“May the God who gives us peace make you holy in every way and keep your whole being – spirit , soul and body- free from every fault at the coming of our Lord Jesus Christ” (I Thessalonians 5:23 NEV)

“Yet there was the hope that creation would be one day set free from it's slavery and decay and would share the glorious freedom of the sons of God” (Romans 8:20-21 TEV)

THE BIBLICAL WHOLE PERSON PARADIGM: WHAT IS **HEALTH**?



- Health** is *wholeness* or *harmony* between:
- aspects of the self (mind, body and spirit)
 - self and others, and in addition
 - self and the natural environment
 - self and God (as our centre)

**Mutual interaction
between all dimensions**

THE BIBLICAL WHOLE PERSON PARADIGM: WHAT IS **SALVATION**?

Compare western influenced view:
legalistic & compartmentalized

Sin equals “A LACK OF MORALITY”
causing CONDEMNATION OF THE SOUL

Salvation means only MORAL TRANSFORMATION and
REDEMPTION OF THE SOUL
(regardless of state of body, mind or social welfare)

THE BIBLICAL WHOLE PERSON PARADIGM

WHAT IS **SALVATION**? CONTD.

Compare western influenced view:

Sin involves **Alienation** from God
due to **Rebellion**



Disintegration of self and
relationships, which is Disease

THE BIBLICAL WHOLE PERSON PARADIGM

WHAT IS **SALVATION**? CONTD.

According to the Biblical view:

Salvation involves:

Forgiveness of rebellion --- leading to



Reconciliation from alienation between

- persons and God;
- persons and each other --- leading to



Re-integration of the whole self and relationships*

Which is *Healing*

THUS

SALVATION is *HEALING*
by
Christ Jesus

**OF THE
WHOLE PERSON**



PURSUIING HEALTH FORTHE PEOPLE BY THE PEOPLE

3. OUR VISION OF MINISTRY

Wholistic theological understanding of
HEALTH and SALVATION
leads to:

THE VISION OF “TOTAL MINISTRY” (or integrated ministry)

□ 1. TOTAL HEALING

GOD HEALS THE TOTAL PERSON THROUGH TOTAL MEANS:

- *Medicine
- *Men and Women
- *Miracles

□ 2. BY THE TOTAL CONGREGATION

CHURCH IS A HEALING COMMUNITY

- EACH MEMBER A PROCLAIMER, PRIEST AND HEALER
- MOTIVATED BY MUTUAL LOVE

3. REACHING THE TOTAL POPULATION

THE MARGINALIZED A PRIORITY

PURSUING HEALTH FOR THE PEOPLE BY THE PEOPLE

4. OUR MODELS OF SERVICE:



The *Bethel Model* of

**“Congregation based
Whole Person Healing Ministry”**

A Strategic Model for the
“Total Church” to reach the
the “Total Population”

A NEW* PARADIGM AND INITIATIVE IN THE CARIBBEAN

The Bethel Illustration of : Congregations as Whole Person Healing Communities

*Rediscovered



BETHEL BAPTIST CHURCH HEALING MINISTRY

37 Years of Service to the Poor and Under-served



BETHEL BAPTIST MINISTRIES
CARING CENTRE
FOR THE
WHOLE PERSON
6 HOPE ROAD

MEDICAL CLINIC

**COUNSELLING SERVICE
PRAYER MINISTRY**

**OPEN TO ALL MON-FRI 8:00 AM - 4:30 PM.
VISIT OR PHONE 92-96245 FOR APPOINTMENT**

Why did we start ?



OUR JAMAICAN PARADISE

Is this truly so for all ?



JAMAICA : A Society in Crisis

- *“Two Jamaicas”*
- *Family system*
- *Marginalized young men*
- *Drug gangs*
- *High murder rates*
- *HIV*
- *Lifestyle neglect*

Dissatisfaction with conventional healthcare

That is, access to:

- quality healthcare
- a wholistic and personalized approach

FRUSTRATION WITH “PATCHWORK MEDICINE”



- theological reflection, then
- commitment to



Biblical Wholism paradigm and
Total Ministry vision

BETHEL HEALING MINISTRY



Model of the **Congregation Based Whole Person Healing Ministry**

FEATURES:

- ❑ 1. **Whole Person or “Integrated”** :
 - *A multidisciplinary team and services*

- ❑ 2. **Comprehensive** in scope of activities:
 - Promotive;
 - Preventative;
 - Curative; and
 - Rehabilitative

- ❑ 3. **Community Participation** and management
 - Multiple levels of expertise (Not just professionals)
 - Human Capacity building
 - Culturally relevant

2. APPROACH

Whole-Person
Service Components

1. SPONSORSHIP

Congregation-Sponsored

3. SCOPE

Comprehensive

PROMOTIVE
PREVENTIVE
CURATIVE
REHABILITATIVE

MEDICAL

COUNSELLING

SOCIO-ECONOMIC

SPIRITUAL

UNDER-SERVED LOCAL
COMMUNITIES

WIDER COMMUNITY
OR REGION

CONGREGATION

4. METHOD

Community Based & Managed

5. LEVELS OF EXPERTISE

(FOR METHOD,
APPROACH & SCOPE)

Multi-level

● NON-PROFESSIONALS
● SUPERVISED
NON-PROFESSIONALS
● SEMI-PROFESSIONALS
● PROFESSIONALS

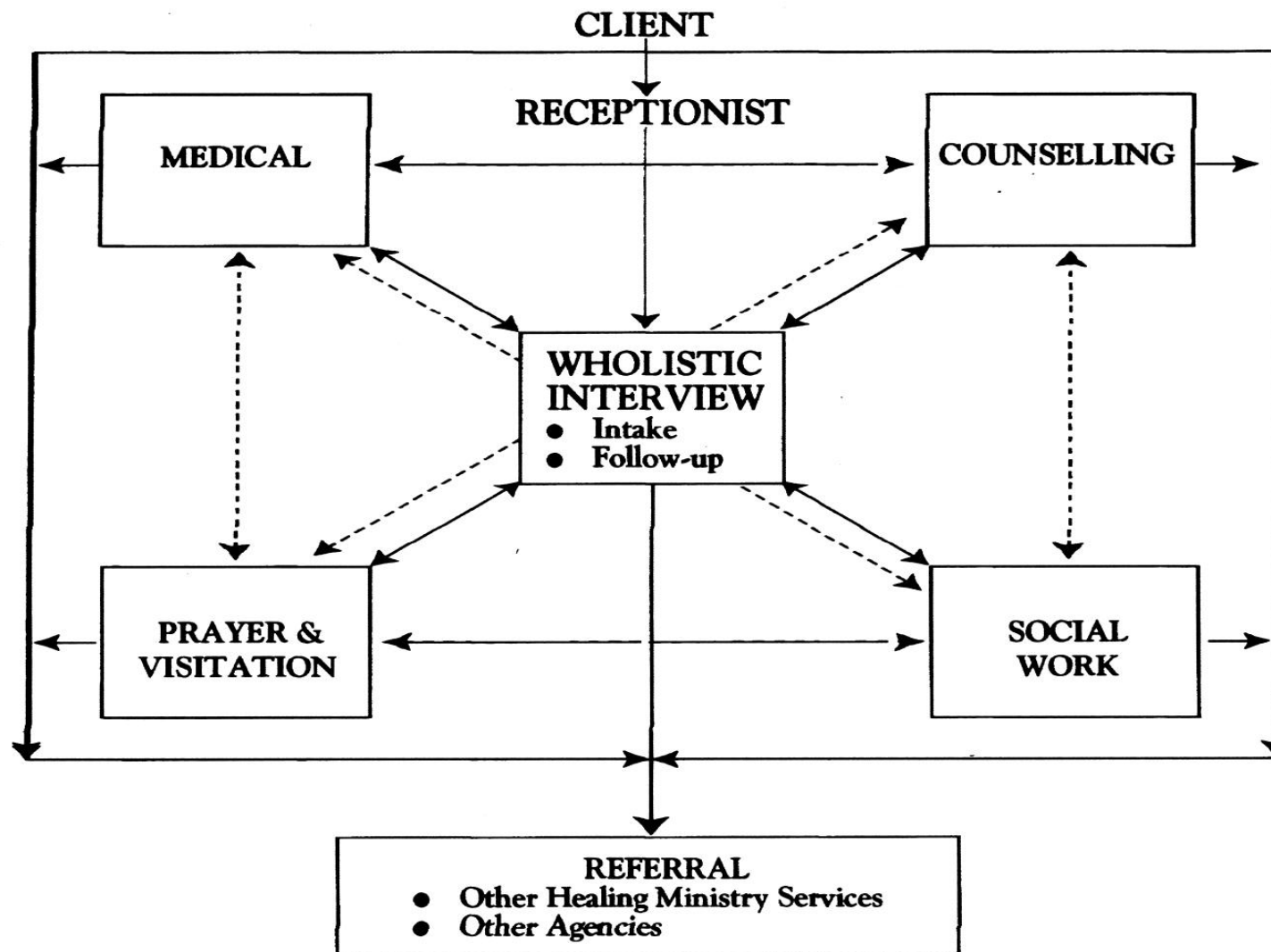
The Model of a "Whole-Person Healing ministry" : Putting it together

1. INTRAMURAL SERVICES

THE “HEALING CENTRE”



The Bethel Healing Centre – A flowchart of curative services



VISIT OUR HEALING CENTRE

Wholistic Interview



Our Nurse



Physician



Counselling



Social Worker



Prayer Partner



Group Prayer



BETHEL HEALING CENTRE SERVING ANYONE NEEDING HELP...

- Majority of patients from beyond Bethel
- Not Baptists
- Several referred by
 - other patients
 - pastors
 - radio call-in counselling programmes.

2. OUTREACH SERVICES

WHOLISTIC & COMPREHENSIVE :

1. CONGREGATION

2. Four UNDERSERVED COMMUNITIES:

- Ambrook Lane
- Hundred and Park Lanes (both in conflict)
- Wilton Gardens (“Rema”)
- Bath (rural)

WHOLISTIC COMPREHENSIVE SERVICES: HEALTH PROMOTION

➤ Education

(Use of family life, talks bulletin, Health fairs)

- healthy lifestyles
- family planning
- care for women, men and the elderly
- personal growth



➤ Activities

- Fitness classes
- Recreation evenings

➤ Support

- Common-law couple support
- Marital Status, age, whole church
- Marriage enrichment groups
- Senior Citizen's Ministry
- Young Adults Support group
- Support groups by birth month

WHOLISTIC COMPREHENSIVE SERVICES: PREVENTATIVE SERVICES

➤ Disease

- Screening
- Blood Donation

➤ Children & Youth

- Maternal and child health
- Youth Mentorship



➤ Premarital & Family

- Premarital counselling
- Parenting preparation

➤ Economic

- Legal-aid
- Savings and loans cooperative

➤ Environment

- Sanitation
- Plastic container collection

WHOLISTIC COMPREHENSIVE SERVICES: **CURATIVE SERVICES**

- First Aid training & Health advice
- Home Health Care
- Pharmacy
- Informal Counselling
- Human Capacity Building
- Social Casework
- Pastoral care

WHOLISTIC COMPREHENSIVE SERVICES: **REHABILITATION**

➤ “Special care ministry” ---

- home-bound,
- mentally ill,
- HIV-positive,
- persons with chronic illness
- disabled with special needs,

➤ Health care assistant training

➤ Support groups for

- - the mentally ill
- - PLWHA
- - Trauma and Bereavement Group
- - Diabetics

➤ HOMELESS WHOLISTIC MINISTRY

– (Over 60 persons)



BETHEL HIV/AIDS POLICY AND PRACTICE

- Inclusiveness in all ordinances
- Non discrimination
- Participation
- Information
- Counselling and family support
- Direct care

ACTIVITIES INTEGRATED INTO THE HEALING MINISTRY

WHOLE PERSON MINISTRIES

WHOLISTIC COMPREHENSIVE SERVICES: SPECIAL COMMUNITY OUTREACH ACTIVITIES

➤ Education and skills

- Basic Schools



- Homework centre
- Literacy
- Skills training (cosmetology, computer lab, welding etc)
- Employment referral

➤ Economic

- Economic self-help projects
- ABC Bakery

➤ Whole Person Ministries

- Health Fairs
- Informal counselling
- Kids' club
- Sunday School
- Church Services
- Evangelism
- Prayer



THE PARTICIPATORY SELF – HELP JOURNEY OF TWO RIVAL COMMUNITIES (100 AND PARK LANE)

- 7 murdered in 100 lanePark Lane suspected
- Bethel (under Jamaica Baptist Union and with other denominational churches) facilitates :

Joint activities for *peace, wholistic healing and reconciliation*

- ❖ *Participatory Needs Assessment*
- ❖ *“Survival Action Committee”*
- ❖ *Conflict resolution*



THE PARTICIPATORY SELF – HELP JOURNEY OF TWO RIVAL COMMUNITIES (100 AND PARK LANE)

Joint Community Development Activities:

- *Sports*
- *Recreation*
- *Education and skills*
- *Sanitation*
- *Constructing community buildings*
- *Advocacy*
- *Bereavement Support*
- *Home care*



SOME IMPACTS

- More Peace
- Freer movement
- Several making
Christian commitment
Some now Bethel
members



WHOLISTIC COMPREHENSIVE SERVICES:

SPECIAL PRAYER MINISTRIES FOR DIVINE HEALING

- *Worship services*
- *Special Healing Services*
- *House Groups*
- *Hot Line*
- *“Telephone prayer chains”
and weekly groups for
requests*
- *Visiting*
- *Group praying for the Healing Ministry*



HOW HAVE WE REMAINED
SUSTAINABLE?

By **PROTECTING THE VISION**



PROMOTING SUSTAINABILITY

(Protecting the vision)

1. VISION OWNERSHIP CHURCH-WIDE

□ *THE WHOLE CHURCH IS INVOLVED IN HEALING:*

- *all departments : wholistic activities*

- *pastor encourages widespread lay spiritual leadership*

PROMOTING SUSTAINABILITY

(Protecting the vision)

2. STEWARDSHIP OF ASSETS:

□ HUMAN ASSETS

Voluntarism: Over 200 volunteers
Self-Help

- **FINANCIAL**– Moving towards self-sufficiency
 - ***Giving*** funds , building space and utilities
 - ***Enlisting*** wider support (for outreach only)

PROMOTING SUSTAINABILITY

(Protecting the vision) cont'

- **Generating Income**
e.g. Pharmacy)
- Affordable Cost recovery from users
 - Using sliding scale and subsidies



PROMOTING SUSTAINABILITY

(Protecting the vision)

3. SPIRITUAL EMPOWERMENT

- ❑ *SPECIAL PRAYER GROUP*
- ❑ *RETREATS*

SPREAD OF THE MINISTRY

- ❑ *Almost every denomination*
- ❑ **Practicum students in Counselling and Social Work from other churches and denominations**
- ❑ *Jamaica Baptist Union trains nursing assistants*
- ❑ **In island's capital there are at least 46 such ministries run by 13 denominations**
- ❑ *Spread to wider Caribbean*



How to Start a Healing Ministry

➤ BUILD OWNERSHIP

❖ Pray*

❖ Prepare*

- Bible Study
- Literature Study
- Consultation

❖ Preach*

❖ Plan*

*Sequential and Simultaneous

How to Start a Healing Ministry

➤ MOBILIZE

- ❖ Leverage resources
 - persons
 - material resources
- ❖ Learn together (Train)
- ❖ Link widely - by Networking
- ❖ Launch

How to Start a Healing Ministry

➤ IMPLEMENT

- ❖ Manage well
- ❖ Monitor
- ❖ Measure outcomes
(evaluation)

Stages of implementing services (According to Resources)

1. **Lay base activities (supervised) :**
PROMTION AND PREVENTIVE ACTIVITIES

2. **Professional Services - add:**

CURATIVE HEALING CENTRE
REHABILITATIVE SERVICES

COMMUNITY ORGANISATION - for self-help.

START SMALL!

Part-time volunteers —————> fulltime staff

Mainly supervised non-professionals —————> professional staff

WORKING WITH NON-PROFESSIONALS IN: HEALTH PROMOTION, PREVENTION, BASIC CURE AND REHABILITATION

STRUCTURED NON- PROFESSIONAL (LAY) OUTREACH



Church Health Workers

Community Health Workers

Lay Counsellors

Prayer Partners and Teams

Lay Social Workers

Lay Community Organizers

EVERY CHURCH
AND COMMUNITY
MEMBER A
HEALTH
PROMOTER AND
PRAYER PARTNER



PURSuing HEALTH FOR THE PEOPLE BY THE PEOPLE

Let us have

□ A Mission Worldview of :
Biblical Wholism

□ A Theological Understanding of:

Salvation as Healing by Christ for Wholeness

PURSUING HEALTH FOR THE PEOPLE BY THE PEOPLE

A Total (or Integrated) Vision of Ministry that involves:

“ **Total Healing**” by the
Total Congregation reaching the
Total Population”

- ❑ An **Congregation based Model** of Service that is **Whole Person (Integrative)**, **Comprehensive** and **Participatory**

“Glory to God and Peace on Earth”

**Health
for the People
by the People**

A decorative graphic consisting of several sets of concentric circles in a lighter shade of blue, located in the bottom right corner of the slide.

**Healing Congregations under
God can heal this world**



Loves Justin

WE CANNOT DO IT ALONE





**“WITH GOD,
ALL THINGS
ARE
POSSIBLE”**