

A CRYING NEGLECTED NEED

EXISTS IN JAMAICA AND THE WORLD

↪ **Our women, men, children and youth are suffering and dying unnecessarily from the top 5 killers:**

- ◆ Circulatory Disease (Heart, Stroke, Hypertension)
- ◆ Cancer
- ◆ Murders and Motor Accidents (combined)
- ◆ Diabetes
- ◆ HIV/AIDS

↪ **Depression is the greatest cause of disability worldwide in persons over 5.**

↪ **Eighty percent (80%) of heart attacks, strokes and type 2 diabetes and forty percent (40%) of cancers can be prevented!**

Churches and institutions need a renewal in *vision, leadership, and programmes* to tackle this crisis. Let us recruit teams of **human service professionals** from several disciplines, and **non-professionals** to work for churches to build better programmes as a vehicle to stem the suffering in Jamaica's and the world's hurting communities

WHAT CAN BE DONE?

We need to help build strong and healthy individuals, families and communities by **strengthening congregations for a WHOLE PERSON HEALING MINISTRY** to effectively promote wellness and development

There is a church on every corner in every community!

A strategic and unique opportunity for change through a multiplier effect!

WHAT ARE THE OUTCOMES TO SEEK?

Each Church Could Have:

- ✚ A Vision and Mission for Whole Person Health and Development
- ✚ Dynamic Leadership, Staff and Volunteer Recruitment and Training
- ✚ Effective Programme Development

THESE WILL FACILITATE A CHANGE OF STATE TO:

- ↪ Fitness (of body, mind and spirit),
- ↪ Responsible and Harmonious Relationships (of family and community) and
- ↪ Economic Empowerment

THROUGH THE TRANSFORMING ACTIVITIES OF:

- ↪ **Healthy Lifestyle Promotion,**
- ↪ **Wholistic Services** (Medical, Counselling, Spiritual Care, Community Action) and
- ↪ **Prayer** for Healing and Evangelism for Transformation.

SO THAT THROUGH PROBLEM REDUCTION

**OUR TOP 5 KILLERS & GREATEST MENTAL HEALTH BURDEN WILL DECREASE BY A
LESSENING OF:**

↻ **Circulatory Disease, Cancer and Diabetes** through:

- **Exercise** and Nutrition for fitness

↻ **Murder and Motor Vehicle Accidents** through:

- **Conflict Resolution** and **Road Courtesy**

↻ **HIV/AIDS** through:

- **Responsible Sexuality**, **Stigma Reduction** and **Community Care**

↻ **Depression** through:

- **Stress Management Lifestyles**

↻ All the above through:

- **Curative and Rehabilitative Wholistic Health Services**,
- **Economic Empowerment** (through education, skills, employment and economic corporative),
- **Prayer for Healing** and **Evangelism**

**WORKING FOR HEALTH AND DEVELOPMENT CHANGE THROUGH CHURCHES AND INSTITUTIONS
IS A STRATEGIC OPPORTUNITY**

The Mission and Evangelism of the Church is to:
“Preach the Kingdom of God and heal the sick” (Luke 9:2 NIV)